



# EMPOWERING CHANGE-MAKERS

## Holistic Learning and Leadership for Sustainable Development

**2 - 13 SEPTEMBER 2024**

IN PARTNERSHIP WITH  
AFRICAN RURAL UNIVERSITY  
&  
UGANDA RURAL  
DEVELOPMENT TRAINING  
INSTITUTE

**Kagadi, Uganda**



**Students and faculty from ARU and URDT together with Prowibo's volunteers at the certificate presentation ceremony.**

# SUMMARY

This September, we worked alongside the African Rural University (ARU) and the Uganda Rural Development Institute (URDT) to bring impactful teaching and leadership programmes to staff and students.

At ARU, Dr. Naveen Hyder and Nicole Zulu engaged approximately 65 students in a holistic learning experience centered on becoming changemakers. They explored how students can lead "above the surface" by cultivating strong value systems and "below the surface" through environmental stewardship. The professors' innovative integration of their courses was truly remarkable.

At URDT, Cindy Au and Dr. Karen Panzarella worked with 20 educators to enhance their teaching methods, introducing tools like Kahoot, Moodle, and Zoom. The educators appreciated how the courses were tailored to fit their unique teaching environments.

The enthusiasm of the participants and the support from the Kagadi community made this programme especially enriching and memorable.



**Cultural dance presentation by ARU students on the last day of the programme.**



**From left to right: Nicole Zulu, Dr. Karen Panzarella, Annet Kabasita (Director of Finance and Administration at URDT), Cindy Au, Robert Katabazi (Director of Education at URDT), Dr. Naveen Hyder, Alozio Tibesigwa (Guest of Honor and Representative of Bunyoro Kingdom in Kagadi), Muhindo Milly Desire (Administrator in the Office of the Dean), and Abigada Jolly (Accounts Assistant at ARU)**



Students taking notes during Nicole Zulu's changemakers class.

This programme has improved my application of new teaching methods, evaluation techniques, class management tools, engagement of learners, and most importantly, how to integrate ICT in teaching and learning. I'm sure teaching is going to be easy and more enjoyable for everyone. I wish to have these workshops time and again. Thank you!

**URDT Faculty**

## REFLECTIONS

It has made me more aware of my values and enlightened me on how to make a compost pile, make art using fabric, dispose of waste, and keep the soil healthy. I also learned about the food web, properties of soil, and advocacy. What I can say is that I have really learned a lot through this PROWIBO programme that I never knew. I feel encouraged to keep moving forward to become an advocate for others and an active change agent.

**Student Participant**



Student participants presenting their artwork made from recycled materials.

I have learned new classroom management tools like popcorn pass paper and jeopardy questions, among others. I feel motivated and inspired to be more efficient and teach more effectively than before.

**URDT Faculty**

# MEMORIES

I have been interacting with my team here, and they have really appreciated the programme. Everything that was discussed by the professors was relevant to them as individuals and in their work. They say it is going to be of great importance and contribute to their lives and careers. I enjoyed interacting with all four professors, and they contributed a lot to my health because I had a lot of fun and learned a lot from them. Also, the introduction of the WhatsApp group kept us connected, despite different locations. This programme great initiative.

**Robert Katabazi (Director of Education at URDT)**



I would like to take this time to thank my professors Nicole and Naveen for their wonderful time with us. I personally learned more than expected. I now know more about championing change through advocacy and how to come up with a vision. Not only that, but even soil ecosystem, which enables me to learn more about soil food web.

**Student Participant**

Getting to know the people (staff and faculty) was a great experience and made the experience fantastic. Also, the whole community's willingness to learn and help us was truly encouraging.

**Cindy Au, Dr. Naveen Hyder, Dr Karen Panzarella and Nicole Zulu  
PROWIBO's Volunteer Professors**



This programme was very sensational and educative, and it is going to change my teaching positively. Now I can engage more of my learners in a lesson. I also discovered that education is fun. The learning styles taught in this programme have the power to improve teaching methods worldwide. Thank you PROWIBO, and thank you to our professors Cindy and Karen, you are the best and deserve long life span so you can come back to teach us more.

**URDT Faculty**

